

LONGVIEW RECREATION SCHEDULE

August 30th – September 5th, 2010

MONDAY – August 30th

- 9:00 **OPEN SWIM** – Pool, 2nd Floor
- 9:15 **COFFEE TALK** with John – Craft Room
- 10:00 **RESIDENT STORE OPEN 'til 11:00**
- 10:00 **GAMES** with Bree – 4th Floor
- 10:00 **EXERCISES** – Auditorium
- 10:30 **COMPUTER LESSONS** with Marcie- Sign up in Craft Room
- 1:30 ***EARLY AMERICAN HISTORY: ERA OF JACKSON** – Auditorium
- 2:00 **CLAY CLASS** with Laurie – Craft Room, 3rd Floor
- 3:00 **BINGO** with Recreation – Adult Day Room



TUESDAY – August 31st

- 9:00 **COFFEE AND CONVERSATION** with Pamela – Adult Day Room
- 10:00 **EXERCISES** with Pamela – Auditorium
- 10:00 **RESIDENT STORE OPEN 'til 11:00**
- 10:30 ***THIS DAY IN HISTORY** with Bree – 4th Floor
- 10:30 **BOWLING** with Pamela & Marcia – Auditorium
- 12:30 **WALKING** with Pamela & Marcia – Meet in Front Lobby
- 12:45 **NAILS** with Bree & Marcie – 4th Floor
- 1:00 **TAI CHI** with Laurie – Auditorium
- 2:00 **CRAFTS** with Cheryl – Craft Room
- 2:15 ***TRIP TO P&C** with Recreation – Sign up in Craft Room, Meet in Entrance
- 2:30 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 3:00 **REMEMBER WHEN** with Cheryl – 4th Floor
- 7:00 **MAH-JONGG** – C-Wing Lounge, 1st Floor

WEDNESDAY – September 1st

- 9:00 **COFFEE and CONVERSATION** with Pamela – Adult Day Room
- 9:00 **AQUA ARTHRITIS** with Tamara – Pool, 2nd Floor
- 9:00 ***MEN'S CLUB MEETING** – Ground Floor, Special Care Facility
- 9:15 **FAMOUS FACES & PLACES** with Bree – 4th Floor
- 10:00 **AQUA AEROBICS** with Tamara – Pool, 2nd Floor
- 10:00 **EXERCISES** with Pamela – Auditorium
- 10:30 **RESIDENT STORE OPEN 'til 11:30**
- 10:30 **STRAP ALONG** with Marcia – Auditorium
- 11:00 **WORD SEARCH** with Pamela & Marcia – Adult Day Room
- 11:00 **RESIDENT SHOPPER** – Three or less items from Tops, drop list & money off in Business Office Mailbox
- 11:30 ***PICNIC TO UPPER BUTTERMILK STATE PARK** – Sign up in Craft Room, Meet in Entrance
- 1:00 **SCRABBLE** with Pamela & Marcia – Adult Day Room
- 1:30 ***EARLY AMERICAN HISTORY: TEXAS** – Auditorium
- 2:00 **CRAFT CLASS** with Laurie – 3rd floor, Craft Room
- 2:45 ***BE SHARP! STAY SHARP!** With Chris – IC Classroom, 2nd Floor
- 3:00 **Oh! THE GOOD OLD DAYS** with Bree – 4th Floor

THURSDAY – September 2nd

- 9:00 **COFFEE AND CONVERSATION** with Pam – Adult Day Room
- 9:15 ***TRIVIA** with Bree – 4th Floor
- 10:00 **EXERCISES** with Pamela – Auditorium
- 10:30 **STRAP ALONG** with Marcia – Auditorium
- 10:45 ***PICTIONARY** with Marcie- 4th Floor
- 11:00 **HANGMAN or GUGGENHEIM** – Adult Day Room
- 1:00 **MEXICAN TRAIN DOMINOES** with Pamela & Marcia – Adult Day Room
- 1:30 **UNO** with Pamela & Marcia – Adult Day Room
- 2:00 **BINGO** with Pamela & Marcia – Adult Day Room
- 2:00 **MEXICAN TRAIN DOMINOES** – B-Wing Lounge, 1st Floor
- 2:15 ***TRIP TO THE DOLLAR STORE** – Sign up in Craft Room, Meet in Entrance
- 3:00 **BELLY DANCING** with Zajal, Great exercise & music! – Auditorium
- 4:00 **HYMN SING** with Debbie – Chapel, 3rd Floor
- 7:00 **POKER** – Craft Room
- 7:00 **QUILTING GROUP** – 2nd Floor, IC Classroom

FRIDAY – September 3rd

- 9:00 **AQUA ARTHRITIS** with Tamara – Pool, 2nd Floor
- 10:00 **EXERCISES** – Auditorium
- 10:00 **AQUA AEROBICS** with Tamara – Pool, 2nd Floor
- 12:30 **RESIDENT STORE OPEN** 'til 1:30 – 3rd Floor
- 1:00 **BAKING** with Laurie – Kitchen, 4th Floor
- 2:15 **BRIDGE GROUP** – Craft Room
- 3:00 ***AFTERNOON TEA AND LABOR DAY CELEBRATION** – Auditorium
- 7:00 **BLUEGRASS JAM** – Auditorium
- 7:00 ***IC/LONGVIEW LITERARY CIRCLE** – Craft Room



SATURDAY – September 4th

- 1:00 **COUNTRY RIDE** with Laurie – Sign up in Craft Room, Meet in Entrance
- 2:15 **BRIDGE GROUP** – Craft Room
- 2:15 **MOVIE MATINEE** – Auditorium

SUNDAY – September 5th

- 10:15 **CATHOLIC COMMUNION** – Chapel, 3rd Floor
- 2:00 **WORSHIP SERVICE** with Ms. Debbie Allen – Chapel, 3rd Floor
- 2:15 **BRIDGE GROUP** – Craft Room
- 6:30 ***SUNDAY NIGHT MOVIE** – Auditorium

Welcome back students!

Attention Longview Residents! If you would like assistance or a friendly visitor, please stop by the Recreation Department and let us know!