

LONGVIEW RECREATION SCHEDULE

September 4 – September 10, 2017

Any questions or concerns regarding Recreation programs,
Please contact Bree Nash in the Recreation Department at 375-6335.

MONDAY – September 4th Labor Day!

Administrative Offices Closed for the holiday

- 10:00 **CATHOLIC CONFESSION** with Father Martensen – Chapel, 3rd Floor
- 10:30 **CATHOLIC MASS** with Father Martensen – Chapel, 3rd Floor
- 3:15 **MAD HATTER BAND PRACTICE** – Auditorium, 3rd Floor



TUESDAY – September 5th

- 9:00 **OPEN FITNESS** with Bethany – Fitness Room, 2nd Floor
- 9:00 **COFFEE AND CONVERSATION** with Adult Day – Adult Day Room
- 9:00 **NAILS** with Soni – Fireplace Lounge, 4th Floor
- 10:00 **EXERCISE** with Adult Day – Auditorium
- 10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
- 10:30 **WATERCOLOR** with Soni – 4th Floor
- 10:30 TROLLY RIDES with Bethany – Meet in Front Lobby**
- 10:30 **WORD GAMES** with Adult Day – Adult Day Room
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **TAI CHI** with Laurie – Auditorium
- 1:00 **WORD SEARCH** with Soni – 4th Floor, Fireplace Lounge
- 1:15 **MOVEMENT & MUSIC** with Bethany – Garden Level, Rehab Room
- 2:00 CRAFTS with Cheryl – Craft Room, 3rd Floor**
- 2:00 **PLANET EARTH Mini Series** – Auditorium
- 2:15 TRIP TO TOPS – Sign up in Craft Room, Meet in Entrance**
- 2:30 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 3:00 REMEMBER WHEN with Cheryl – 4th Floor**
- 3:00 **CREATIVE COLORING** with Bethany – Garden Level, East Wing

Longview						Week 6
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 3, 2017	September 4, 2017	September 5, 2017	September 6, 2017	September 7, 2017	September 8, 2017	September 9, 2017
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey Rice Soup	Borscht	Sweet Onion & Tomato Soup	Chicken Mulligatawny Soup	Mushroom Barley Soup	Minestrone	Cream of Tomato Soup
Papaya Salad	Marinated Bean Salad	Green Pepper & Tomato Salad	Ginger Ale Gelatin Salad	Macaroni Salad	Carrot Raisin Salad	Honey Dijon Potato Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Roast Turkey	Stoganoff Steak Sandwich	Ham Loaf w/Mustard Sauce	Shrimp Scampi	Grilled Lamb Chop	Sundried Tomato Chicken	Lemon Dill Haddock
Brown Rice & Vegetable Stuffed	Popcorn Shrimp	Soft Beef Tacos	Vegetable Stuffed Portobello	Turkey Cobb Salad	Garden Vegetable Quiche	Crispy Orange Chicken Stir Fry
Green Pepper	French Fries	Au Gratin Potatoes	Angel Hair	Raisin Couscous	Herbed Orzo	White Rice
Bread Dressing		Brussels Sprouts	Roasted Red Peppers	Chopped Spinach	Green Beans	Broiled Tomato
Hubbard Squash	Asparagus	Corn	Capri Blend Vegetables	Wax Beans	Balsamic Roasted Vegetables	Ginger Snow Peas
Broiled Tomato	Broccoli & Cauliflower	Peanut Butter Bar	Three Berry Yogurt Parfait	Butterscotch & Vanilla	Cannoli	Strawberry Pudding
Sweet Potato Pie	Cupcake Cone			Pudding Cup		Gelatin Cup
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Turkey Rice Soup	Borscht	Sweet Onion & Tomato Soup	Chicken Mulligatawny Soup	Mushroom Barley Soup	Minestrone	Cream of Tomato Soup
Papaya Salad	Marinated Bean Salad	Green Pepper & Tomato Salad	Ginger Ale Gelatin Salad	Macaroni Salad	Carrot Raisin Salad	Honey Dijon Potato Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Italian Roast Beef	Eggplant Parmesan	Orange Glazed Duck Leg	Herb Baked Chicken quarter	Italian Style Braised Pork	Citrus Herb Salmon	Meat Lasagna
Brown Gravy	Peach & Dijon Glazed Pork Sandwich	Pepperoni Pizza	Fish Sandwich	Chicken	Bacon Cheeseburger	Ham Salad Wrap
Baked Ziti w/Vegetables	Mussels in a Tomato Broth	Rice Pilaf	Oven Roasted Potatoes	Bruschetta Sandwich	Home fried Potatoes	Garlic Bread
Parsley Boiled Potatoes	Spaghetti w/Marinara	Sauteed Broccoli Raab	Boiled Cabbage	Glazed Sweet Potatoes	Yellow Squash	Italian Mixed Vegetables
Creamed Spinach	Sliced Carrots	Roasted Mushrooms	Baby Carrots	Broccoli	Stewed Tomatoes	Cauliflower
Mixed Vegetables	French Cut Green Beans	Blueberry Pie	Marble Cake	Pearl Onions	Red Velvet Cupcake	Cinnamon Apples w/ Vanilla Ice Cream
Lemon Bars	Coconut Cream Pie			Strawberry Shortcake		
Weekly Sandwich Selection Seafood Salad and BLT						
Mindful Selection						
Staff Meals						

WEDNESDAY – September 6th

- 9:00 **AQUA AEROBICS** with Tamara – Pool, 2nd Floor
9:00 **SCRABBLE** with Bethany – Fireplace Lounge, 4th Floor
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room
10:00 **EXERCISE** with Adult Day – Auditorium
10:00 **LONGVIEW SHOPPER** Three or less items from Tops, drop list & money off in Business Office Mailbox
*Orders need to be in by **10:00 AM Wednesday** and will be delivered **Wednesday Afternoon!***
10:30 **LONGVIEW STORE** open until 11:30AM – 3rd Floor
10:30 **BOWLING** with Adult Day – Auditorium
10:30 **TEA & TALKING** with Sarah – 4th Floor, Fireplace Lounge
10:30 **UNO** with Bethany – Garden Level, East Wing
11:15 **GARDEN WALK** with Bethany – Meet in Front Lobby, Garden Level
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3rd Floor
1:30 **CARD GAMES: UNO** with Adult Day – Adult Day Room
1:30 **MOVEMENT & MUSIC** with Sarah – Garden Level, Rehabilitation Room
2:00 **PROTESTANT COMMUNION** with Rev. Kirianne Riehel – Chapel, 3rd Floor
2:00 **CRAFT CLASS** with Laurie – Craft Room, 3rd Floor
2:00 **MOVIE MATINEE: Mary Poppins**– Garden Level, East Wing
3:00 **BE SHARP! STAY SHARP!** with Chris Pogorzala – IC Classroom, 2nd Floor
3:30 **OPEN FITNESS** with Laurie – Exercise Room, 2nd Floor
3:30 **BRAIN GAMES** with Bethany – 4th floor, Fireplace Lounge

THURSDAY – September 7th

- 9:00 **COFFEE & CONVERSATION** with Pamela & Marcia – Adult Day Room
9:00 **NAILS** with Bethany – Garden Level, East Wing
10:00 **DOUBLE FUN WEIGHTS AND BALLS** with Marcia – Auditorium
10:30 **FAMOUS FACES** with Bethany – 4th Floor, Fireplace Lounge
10:30 **TRIVIA** with Adult Day – Adult Day Room
10:45 **LONGVIEW STORE** open until 11:45AM – 3rd Floor
11:00 **WORLD'S GREATEST CHURCHES** - Auditorium
12:30 **WALKING** with Adult Day – Meet in Front Lobby
12:45 **FALL PREVENTION MOVEMENT GROUP** – IC Classroom, 2nd Floor
1:00 **GAMES** with Adult Day – Adult Day Room
1:00 **OPEN SWIM** with Sarah – Pool, 2nd Floor
1:15 **CARD GAMES** with Bethany – 4th Floor, Fireplace Lounge
1:30 **BINGO** with Adult Day – Auditorium
2:15 **TRIP TO WALMART** – Sign up in Craft Room, Meet in Entrance
3:00 **MOCKTAIL HAPPY HOUR** – Auditorium
3:00 **BELLY DANCING** with Zajal – Auditorium
3:00 **CRAFTS** with Bree – East Wing Lounge, Garden Level
4:00 **HYMN SING** with Barbara & Edna – Chapel, 3rd Floor
6:30 **MAH-JONGG** – C-Wing Lounge, 3rd Floor
7:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor

FRIDAY – September 8th

- 9:00 **AQUA AEROBICS** with Laurie – Pool, 2nd Floor
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3rd Floor
10:00 **EXERCISES** with Adult Day – Auditorium
10:00 **TRIP TO TOMPKINS COUNTY PUBLIC LIBRARY** – Sign up in Craft Room, Meet in Entrance
10:30 **HANGMAN** with Adult Day – Adult Day Room, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
10:45 **SHORT STORIES** with Laurie – Front Lobby, Garden Level
11:00 **TRIVIA** with Adult Day – Adult Day Room, 3rd Floor
12:30 **WALKING** with Adult Day – Meet in Front Entrance
1:00 **BAKING CLUB** with Laurie – 4th Floor
1:00 **BILLIARDS & SHUFFLEBOARD** – Game Room, 3rd Floor
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room, 3rd Floor
1:30 **IC OCCUPATIONAL THERAPY PRESENTATION ON CLINICAL FIELDWORK** – Auditorium
1:30 **MOVEMENT & MUSIC** with Sarah – Garden Level, Rehab Room
2:00 **WORD SEARCH** with Adult Day – Adult Day Room, 3rd Floor
3:00 **AFTERNOON TEA** – Auditorium
4:00 **SHABBAT GATHERING**, all are welcome – IC Classroom, 2nd Floor

SATURDAY – September 9th

- 9:30 **MOVEMENT & MUSIC** with Sarah – Rehab Room, Garden Level
10:15 **TRIVIA** with Sarah – Garden Level, Front Lobby
11:00 **SCATTERGORIES** with Sarah – 4th Floor, Fireplace Lounge
1:00 **COUNTRY RIDE** with Laurie – Sign up in Craft Room, Meet in Entrance
1:30 **MANIPULATION** Card Game – 3rd Floor, C-Wing Lounge
2:15 **MOVIE MATINEE: The Way Way Back** – Auditorium

SUNDAY – September 10th

- 10:30 **CATHOLIC COMMUNION** – Chapel, 3rd Floor
2:00 **WORSHIP SERVICE** with Rev. Barbara Blom – Chapel, 3rd Floor

