



Adult Care Facility Guidelines & Services

Residents must be essentially independent with Activities of Daily Living (ADLs) to reside in the Adult Care Facility. This means that a resident needs to be able to feed, toilet, ambulate, transfer and dress him- or herself. The Personal Care Aides (PCAs) will assist with showers twice a week and a whirlpool bath once a week, if desired. Residents may use assistive devices or equipment (such as walkers and wheelchairs) as needed to maintain their independence.

Three meals are provided daily. The PCAs remind the residents when it is time to eat, but the residents need to be able to get to the dining room on their own (staff may guide them). A PCA is present while residents are dining to provide minimal assistance and to respond in an emergency. There is a nutritional consultant on staff who monitors residents' diets.

The PCA's administer residents their medications at the Medication Room. They assist residents with laundry as needed, and they respond in emergencies (emergency call bells are located in each living unit and every bathroom). There are at least two PCA's on duty 24 hours per day. A nurse is on duty during the week (business hours) to monitor residents' medications, record any medication changes, and for consultations and assessments. Our staff is prohibited from performing any wound care by NYS Department of Health.

Residents choose their own health care providers. A resident may obtain additional services, such as home care, while at Longview. This may enable the resident to avoid, or at least postpone, nursing home placement.

Recreational/cultural programs are scheduled daily. Residents have the use of the library, greenhouse, craft room, auditorium, and chapel, as well as the pool and exercise room (under supervision). Our programming is enriched by the partnership we enjoy with Ithaca College.

A social worker is available to provide admission and discharge information, case management, counseling, and assistance with problem-solving.

Please contact Claudia Stoscheck, LMSW, with any questions regarding the Adult Care Facility.